

# Great Lakes Cup Tae Kwon Do Tournament

Medals & Trophies



## Events & Fee:

Sparring(S), Poomsae (IP),  
Breaking(B), Team Poomsae (TP)  
Skipping Side Kick Breaking (SS)  
Jump High Kick Breaking(JH)

1 or 2 Events: \$80

3 Events \$90, 4 Events \$100

Maximum of 4 Events per person.

## Divisions:

Novice (7 Gup & up)  
Intermediate (4-6 Gup)  
Advanced (1-3 Gup)  
Black Belt

## Schedule of Events:

9:30 A.M. Judges Meeting  
10:00 A.M. Breaking (B)  
10:15 A.M. Team Poomsae (TP)  
11:00 A.M. Individual Poomsae (IP)  
12:00 P.M. Hanmadang Breaking (SS & JH)  
1:00 P.M Sparring (S)

Spectator Fee: \$10 for Adults, \$5 for 6-12 years, 5 & under Free

pre-registration must be post marked by **March 13, 2019**

To pre-register online with credit card(\$3 fee), go to **www.shinnstk.com** and register by 3/16/19

Online registration after 3/16/19 will be charged additional \$10 (available online until March 19<sup>th</sup>.)

**SAT. March 23, 2019** Chippewa Middle School, 4000 Okemos Rd. Okemos, MI 48864

Name: \_\_\_\_\_ M / F Age: \_\_\_\_\_ Belt Color \_\_\_\_\_ Rank \_\_\_\_\_ Gup/Dan \_\_\_\_\_

Weight: \_\_\_\_\_ lb Height \_\_\_\_\_ ft. \_\_\_\_\_ inches Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Email: \_\_\_\_\_ TKD school name: \_\_\_\_\_

# of tournaments(**sparring**) participated \_\_\_\_\_ \*this info. will be used to help match students evenly.

1 or 2 events \$80( \_\_\_\_\_ ), 3 events \$90 ( \_\_\_\_\_ ), 4 events \$100 ( \_\_\_\_\_ ) Fee Submitted: \$ \_\_\_\_\_

Please Circle: Poomsae ( IP ), Team Poomsae ( TP ), Sparring(S), Breaking( B )  
Skipping Side Kick (SS), Jumping High Kick (JH )

Mail to: Shinn's Taekwondo  
2189 W. Grand River Ave #2  
Okemos, MI 48864

To order GLC T-Shirts: \$15 (\$20 at the Tournament Site), please complete the boxes and enclose payment.

Circle shirt size: Child-S (6-8), Child-M (10-12), Child-L (14-16), Adult: S, M, L, XL, XXL(\$3 extra)

Size: \_\_\_\_\_ Quantity \_\_\_\_\_ Fee enclosed for T-Shirt: \$ \_\_\_\_\_

In consideration of being allowed to participate in any way in the Great Lakes Cup Taekwondo Tournament or related events, the undersigned acknowledges, appreciates and agrees that, for myself and on behalf of my heirs, assignees, personal representative and the next of kin, hereby release and hold harmless the Shinn's Taekwondo Academy, Inc., their officials, officers, agents and/or employees, other participants, with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from negligence of the releasees or otherwise.

This is to certify that I (or parent/guardian with legal responsibilities for this participant) HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT. I do consent and agree to release as provided above of all RELEASEES, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify the RELEASEES from any and all liabilities provided above, even if arising from their negligence.

Competitors Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Guardian's Signature if under 18) \_\_\_\_\_ Emergency phone # \_\_\_\_\_