

2023 MICHIGAN HANMADANG

Date: Saturday, MAY 13, 2023, 9 AM – 5 PM
Location: Chippewa Middle School, 4000 Okemos Rd. Okemos, MI 48864
Register at: SHINNSTKD.COM
(Early registration ends 5/3/23)
Event Fee: First Event \$80, each additional event \$10
(Max of 5 events per competitor)
Spectator Fee: \$10, \$5 for 6-12 yrs, FREE for 5 yr and under
Hosted by: Shinn's Taekwondo Academy (517) 347-9062
Email: SHINNSTKD@gmail.com
For Condensed Hanmadang Rules, visit www.SHINNSTKD.com

Hanmadang Events

Individual Traditional Forms	All Ages
Team Traditional Forms	All Ages
Para Individual Traditional Forms	All Ages
Individual Creative Forms	All Ages
Team Creative Forms	All Ages
Individual Weapons	All Ages
Team Weapons	All Ages
Individual Creative Breaking	All Ages
Para Individual Creative Breaking	All Ages
Individual Jumping High Kick	8 & Older
Power Back Kick	8 & Older
Power Knife Hand Breaking	8 & Older
Power Step Side Kick Breaking	8 & Older
Spinning Hook Kick	8 & Older
Team Demo	All Ages
Padded (Soft) Sword Sparring	All Ages
Sparring -Regular hogu & 20/20 Armor	All Ages

Host Hotel Information

Comfort Inn Okemos-East Lansing 2187 University Park, Okemos, MI 48864
517-347-6690
\$119 plus tax (Regular rate is \$143.80 plus tax) --- Mention "Hanmadang"
Free hot breakfast buffet & WiFi Cut-Off Date: 4/26/2023