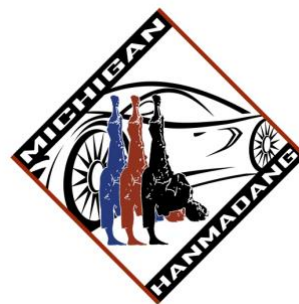


2024 Great Lakes Cup

Medals & Trophies

HANMADANG



SAT. March 16th. 2024 Chippewa Middle School, 4000 Okemos Rd. Okemos, MI 48864

Divisions:

- Novice (7 Gup & up)
- Intermediate (4-6 Gup)
- Advanced (1-3 Gup)
- Black Belt

Maximum of 5 Events per person.

Tentative Schedule of Events:

- 9:30 A.M. Tiger Tots Blocking Set / Breaking
- 10:00 A.M. Team Forms (& Weapons)
- 10:30 A.M. Individual Forms (& Creative Forms)
- 11:30 A.M. Creative Breaking
- 12:30 P.M. Bracketing for Sparring and SSS.
- 1:00 P.M. Demo Team competition
- 2:00 P.M. Sparring (w/ regular hogu)

Breaking Events (Power, Jump Front, Spin Hook) will take place at a ring throughout the day starting 11:00 AM

Spectator Fee: \$10 for Adults, \$5 for 6-12 years, 5 & under Free

pre-registration by mail must be post marked by **Mar 6, 2024**

For rules and to pre-register online, go to www.shinnstkd.com and register by **3/11/2024**. Late registration 3/12 - 3/13, \$10 late fee.

☐

Name(First, Last): _____ ()M ()F Age: _____ Belt Color _____ Rank _____ Gup/Dan _____

Weight: _____ lb (If Sparring) Phone () _____

Email: _____ TKD school name: _____

1 event \$80(), 2 events \$90(), 3 events \$100(), 4 events \$110(), 5 events \$120() Amount Due: \$ _____

Please Check: () Poomsae, () Team Poomsae _____ (Team Name), () Creative Forms, () Weapons Form, () Creative Breaking, () Power Knife Hand Breaking, () Power Side Kick Breaking, () Jump Front Kick Breaking, () Spin Hook kick Breaking, () Demo Team, () Soft Sword Sparring(SSS), () Regular Hogu Sparring

CC/DC # _____ Exp: _____ Zip Code _____

I authorize Shinn's Taekwondo to run my credit card for the amount due written above:

_____/ Signature
Print Name

Mail to: Shinn's Taekwondo
1982 W. Grand River Ave #402
Okemos, MI 48864
Or text photo of this form to:
517-303-0564

In consideration of being allowed to participate in any way in the Great Lakes Cup Hanmadang, the undersigned acknowledges, appreciates and agrees that, for myself and on behalf of my heirs, and personal representative, hereby release and hold harmless the Shinn's Taekwondo Academy, Inc., their officials, agents and/or employees, other participants, with respect to any and all injury, disability, death, or damage to person or property, whether arising from negligence of the releasees or otherwise. This is to certify that I (or parent/guardian with legal responsibilities for this participant) HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT. I do consent and agree to release as provided above of all RELEASEES, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify the RELEASEES from any and all liabilities provided above, even if arising from their negligence.

Competitors Signature: _____ Date: _____

(Guardian's Signature if under 18) _____ Emergency phone # _____